



DISCIPLESHIP PLAN

3 year olds through 5th grade

Making disciples of Jesus Christ for the transformation of the world.

Name _____ Age _____ Grade _____

Adult Contact _____

Home Phone _____ Cell _____

Email _____

I am involved in the following extracurricular activities:

Tips on Being a Disciple

At First Lutheran, we talk about discipleship being like a 3 legged stool. You need all three legs on the stool for it to be useful. As disciples we need worship & pray, learn and serve if we are going to be able to transform the world for Jesus. We ask adults and children to make a commitment to grow as disciples because God needs us to do his work in the world. It's God's work and our hands that will help change the world!

This Discipleship Plan lists a few ideas to help you commit to growing as a disciple. You may come up with other ways to help you grow as a disciple and you can add those to the list.

Remember being a disciple of Jesus is important work.

Be an adventurer and try new things. Don't be afraid – be bold!

If you are not sure how to do something or what something means, just ask for help. Disciples are not afraid to ask for help.

Disciples are prepared. They come ready to do the job, are on time, dressed for the job and come with a smile.

“Shake a Friends Hand” is a fun song and it is also a very important part of being a disciple. Be welcoming.

Share your stories. People want to know what you are learning and how you are serving.

Watch to see how God is at work in the world. Be kind to others. Respect others and listen to their stories. Help whenever you can. Say please and thank you.

Jesus says we should pray without ceasing. That's like praying when you see a fire truck that God will help keep everyone safe. Or saying a pray when you get in the car each day.

Now, turn this sheet over and make your plan for how you will be a disciple of Jesus Christ in the coming year!



Worship and Prayer

- I will pray and attend worship regularly.
- I will participate in a choir. (Check one)
 - Cherub (Grade K-2) Chorister (Grade 3-6)
- I will assist in worship. Check what you know how to do and underline if you want instruction.
 - Greeter Bible Bearer Acolyte
 - Reader Communion Presenter
- Write your own prayer to use at bed time or grace for a meal.
- Each morning I will wake up and say, "Thank you, God, for this new day!"
- My ideas...

Learning

- I will participate in FaithTrek Sunday morning learning.
- I will participate in summer learning opportunities like Vacation Bible School, Carol Joy Holling Camp or other activities.
- I will read the Bible, devotion books and/or other books and/or watch movies that will help me grow as a disciple.
- I will have a conversation with someone older than me and learn about their journey as a disciple.
- My ideas...

Serving

- I will make a serve plan with my family.
- I will find ways I can be a servant at school, with my friends and family.
- I will be a buddy to someone who needs a friend, such as a homebound elder or a new kid at school.
- Once a week I will surprise someone with a "random act of kindness".
- My ideas...